

:: Springboarding

“What makes the difference between staying stuck and moving forward is interacting with new networks of people. To launch ourselves anew, we need to get out of our heads. We need to act.”

ABOUT SPRINGBOARDING

Springboarding brings together educated, spirited professionals who are feeling stalled or gearing up to make new choices. Whether you're adjusting to expanding responsibilities or considering changing careers, thinking about starting your own business or taking a sabbatical, seeking inspiration and motivation or simply finding fellowship – all of these situations can be confusing to contemplate on your own. The fact is, most people can find success in many different ways, and the biggest mistake we can make is doing nothing, waiting too long, or never creating momentum for ourselves. Joining a Springboarding group can help!

PROFESSIONALS JOIN SPRINGBOARDING GROUPS FOR MANY REASONS. WHAT'S YOUR SITUATION?

I've been in the same job for years and am "successful" but bored. I'm not sure where to go from here.

I frequently work alone and would like to expand my network.

My brain is atrophying and I could use stimulating dialogue on diverse subjects with smart, engaging people.

I could stand to strengthen my leadership skills.

I'm planning a career shift and need a place + program to sort through my options.

I'm considering starting my own business and could use a reality check and strong advice.

...to name a few!

IS SPRINGBOARDING FOR YOU? YES, IF YOU'RE SEEKING...

- A greater sense of purpose + direction
- Clarity about how to leverage your best talents
- Options compatible with your motivations
- A structured program leading to concrete actions + plans
- Skills + tactics to accomplish your goals
- Fellowship with other smart, engaging professionals
- Leadership and communication skills
- Motivation, inspiration, confidence
- A kick in the pants!

WHAT MAKES SPRINGBOARDING UNIQUE?

Not your typical workshop. Modeled after proven executive-level, leadership programs, Springboarding brings boardroom material to all professionals.

Format that works. Springboarding gives you the time you need. An intensive two-day retreat is followed by monthly meetings to report progress, deepen relationships, and keep momentum going.

It's all about action. Springboarding weaves self-discovery, skill building and action planning into a program that gives you the courage to experiment and create small wins. There's simply no better way to get where you want to go.

Instant network with talented professionals. It's one thing to read a book or attend a one-time workshop. It's quite another to draw energy, support and inspiration from a roomful of engaging people who stick together for up to six months – and beyond.

Facilitated by a former executive who's "been there." Sherry Essen is the owner of Springboard, a fast and focused consultancy for individuals and businesses interested in plotting opportunities and making things happen. ::